

Edison XC Summer Camp Itinerary



Tuesday

- 7:30am- Meet at high school and load bus
- 8:00am- Depart high school
- 10:00am- Arrive at Mohican Wilderness and get settled into bunks
- 11:00am- Team run
- 12:00pm- Lunch
- 12:45pm- Leave for canoe trip
- 5:00pm- Tie dye camp shirts
- 6:30pm- Dinner
- 7:30pm- Yard games (team competition)
- 9:00pm- Campfire
- 10:00pm- Athletes prep for bed and head back to bunkhouses
- 10:30pm- Lights out

Wednesday

- 6:45am- Rise and shine!
- 7:00am- Light breakfast
- 7:30am- Travel to Mohican State Park for Mohican 9
- 8:00am- Run Mohican 9 for athletes who qualified and shorter run for rest of the team

12:00pm- Lunch

1:00pm- Two mile river tubing trip

4:00pm- Archery (Team competition)

6:30pm- Dinner

8:00pm- Movie Night

10:00pm- All athletes in cabins for the night

10:30pm- Lights out

Thursday

6:30am- Rise and Shine: Team run

7:30am- Breakfast

9:00am- Zipline

12:30pm- Lunch

2:00pm- Team hike at Lyons Falls

6:30pm- Dinner

7:30pm- Minute to win it games (team competition)

9:00pm- Team Campfire

10:30pm- Lights out

Friday

7:00am- Team run

8:00am- Breakfast

8:30am- Pack up and clean cabins

10:30am- Depart Mohican Wilderness

12:30pm- Arrive back at high school